

DON'T WORRY TO MAKE A MISTAKE IN LEARNING ENGLISH

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ABSTRACT

Many students assumed that English is difficult, which caused by many factors such as the students' inadequacy in order to master English. Many assumptions and negative-suggestions was affected by their environment and internal factors that has negative experiences in learning English. Fear of making mistakes is one of the factors that break their motivation in learning English, where English language is a foreign language that has any probabilities on the occurrence of making mistakes. Every mistake made, is the process to know the truth.

Key Words : Worry, Afraid, Mistake, and Suggestion

A. INTRODUCTION

There is no doubt that English is one of the most important subjects at school. In order to improve the English mastery, many parents send their children to some private courses, wich require much money. There are many event held for English competition wich was participated by many students who speak English fluently. However there are many others who have difficulty in learning English.

Many students said that they do not like English, because the lessons are not interesting at all. There are many reasons why students in general have no interest in learning English. One of them is because the teachers teach too fast that they are hardly able to catch up. So, students find it hard to study this number one International language. In fact English is important for our future. Yet, many confess that they find it hard to study English.

Worse still, some teachers often give very difficult assignments to the students such as compiling English materials from newspaper,actually its not easy to get English Newspaper in our country, and then taking pictures of foreigners, interviewing them and

recording the review on tape. On the one hand, these task are very useful and advantageous to improve students' English ability, but on the other hand, students are made scared and even frustrated.

B. DISCUSSION

As a foreign language the students have difficulties in learning English, because the fear of the students to make mistakes. When the students in this condition, their heart and blood pressure raise as stated by *Lazanov* (1978). He believes that there is a mental block in the learners' brain (affective filter). This filter blocks the input, so the students have difficulties to acquire language caused by their fear. The combination of desuggestion and suggestion is to lower the affective filter and motivate students' mental potential to learn, aiming to accelerate the process by which they learn to understand and use the target language for communication to achieve superlearning.

“Worry and afraid” to make mistakes are the feelings that almost feel by some students when they are studying English especially in Grammar and Speaking, the students thought that these are the horrible lessons for them, because in Grammar they must be able to make English in the right rules and formulas, while in Speaking they must be able to speak fluently and accuracy. “Worry and afraid” these are the bad feelings that will be block the students mental or in common it says a “Mental Block” and in the process of study it says as “Academic Block”.

“Academic Block” is a term used when a student feel unable to succeed at a subject matter because of the student's past experiences (en.m.wikipedia.org). Each of students have their own experiences in study, especially in English. Some students hate this and some of them love it. Each of experiences can be cause of the teacher factors and also from inside and outside of their motivations.

In teaching and learning process, teacher is the key to make the students feel comfort when they study and the students as the central role. The teacher not only should master the lessons but also mastery methods, strategies and techniques in teaching and learning process. The teacher also need and must update the inovations in teaching and learning especially in learning English.

In learning English, the students strive to able in spoken and written. Basicaly in English sudents must mastery in speaking, writing, reading and listening. All of skills

are important to make students have ability in English. As a foreign language many students and Indonesian people have difficulties in learning English especially in grammar and speaking.

There are so many kinds of approaches that have been made by some experts for teaching and learning foreign language, as stated by Marianne Celce Muria (2001) that are :

- a. Grammar Translation
- b. Direct Method
- c. Reading
- d. Audiolingual
- e. Oral-Situational
- f. Cognitive
- g. Comprehension Based
- h. Communicative

The classifications of various methods and approaches in learning foreign language as stated by Diane Larsen- Freeman (1982) especially in learning English are as follows :

- a. Grammar Translation Method
- b. Direct Method
- c. The Audio-Lingual Method
- d. The Silent Way
- e. Suggestopedia
- d. Community Language Learning
- e. The Total Physical Response Method
- f. The Communicative approach.

From all of the methods that can be used in teaching and learning process. Each of methods have their own function and target that will get for the result in teaching especially in English subject.

According to the problem that most faced by the students in learning English where they feels worry and afraid to make a mistake, its a kind of problem that rise from their mental or from their assumptions about English. There are so many negatives

assumptions and suggestions that make the students afraid and lazy to learn English, for examples; "English is boring", "English is difficult", "Grammar is hard", and many others. These negative assumptions make the students hard to understand and able in English and worry to make a mistake.

In teaching and learning process, students' mistakes could be happened anytime. As told before, students are the central role in teaching learning process, it means that they need to get some corrections for the mistake that have done. In order to give the corrections for students' mistakes, it needs the teaching method where the teacher should mastery it. By using the right method to give corrections for the student it will not make the students worry or afraid.

Each of the students have their own ability and each of them in different versions. The students must be more creative so when they get some corrections it will not make them worry or afraid. Chomsky (1965) stated that the language potential of each person is the *Linguistic competence* which is different from *Linguistic performance*. To have good Linguistic performance the students must do intensive practice and as often as they can, not only depend on their potential, that's why the students who make a mistake can not be blamed, because the students can learn from their mistake, under teacher guides and corrections.

"How to motivate the students?", as stated before some students feel worry and afraid to make mistake when they are learning English, it's the factors that caused an Academic Block for the students so that the students stuck or stop their efforts in Learning English. In this case, the students need to get the positive assumptions and suggestions from the teacher as the key in teaching learning process. Corrections that gives to the student is part of teaching learning process where the students can learn from their mistake.

In learning foreign language especially in learning English, each of students must realize that there will be mistakes and errors, that's natural, because it's not our mother tongue, where English has contrast different with our mother tongue. Correction that gives to the students should motivate the students not to kill their motivation. Good corrections will be positive assumptions and suggestions for the students, so that's why the teacher must have ability to give corrections with a pleasure ways.

In order to motivate the students there are so many methods that can be used in teaching learning process, as stated before. Each of methods refers to each ability and the target in learning English. Besides that every teachers must able to change students' negative assumptions and suggestions about English.

“*Suggestopedia*” is one of methods that is used in teaching learning process. This method found by George Lozanov in 1975. Suggestopedia is one of old methods but it still usefull to motivate the students, especially in learning English. Suggestopedia is an effective comprehensible input based method with a combination of desuggestion and suggestion to achieve super learning. Lozanov stated that anything around us can be suggestion in the process of learning, it can be positive or negative suggestion.

The main goal of Soggestopedia is to make the students free from negative assumptions and suggestions. As stated before there are some words and statements that becomes negative assumptions and suggestion for students such as “English is boring”, “English is difficult”, “Grammar is hard”,and many others. These statements blocks students potential in learning English. By changing the negative assumption and suggestion with positive assumptions and suggestions, the teacher can exploit students' potential.

In Suggestopedia method, the classroom can be exploit in maximal. The students' environment for study is realy important. Basicaly, in suggestopedia the teacher uses classic music in teaching learning process. Nowadays, the teacher can do inovations,where the teacher can use any other music based on students taste,and thats the reason for the teacher must update about all of information include music.

The use of music both in the background and as accompaniment to certain activities can be motivating and relaxing. Most importantly of all the ideas, creating conditions in which learners are alert and receptive can only have a positive effect on motivation.

Richard and Rogers (1986) stated that there were some theoretical components through desuggestion and suggestion operate:

a. Authority

Students remember best and are influenced when information comes from an authority or teacher.

b. Infantilisation

Learners may regain self-confidence in a relation of teacher-student like a parents to child.

c. Double Planedness

learning does not only come from direct instruction but also comes from the environment in which instructions take places.

d. Intonation,rhythn, and concert pseudo-passiveness

Varying tone and rythm of presentation frees the instruction from boredom, and presenting linguistic material with music get the benefit of the effect produced on body.

The combination of desuggestion and suggestion is to lower the affective filter and motivate students' mental potential to learn, aiming to accelerate the process by which they learn to understand and use the target language for communication. There are some key features of suggestopedia:

a. Comfortable environment

Classroom is not the same as common classrooms. In the classroom, the chair are arranged semicircle and faced the black or white board in order to make the students pay more attention and get more relaxed. In addition, the light in the classroom is dim in order to make the students' mind more relaxed.

b. The use of music

Using music is one of uniqueness of this method. Baroque music helps students to reach a certain state of relaxation, in which the receptivity is increased.

c. Peripheral Learning

students learn English not only from direct instruction but also from indirect instruction.

d. Free Errors

in teaching learning process, students who make mistakes are tolerated, for example in pronouncing the word. The emphasis is on the content not the structure.

e. Homework is limited

students read materials given in the classroom once before they go to sleep at night and once in the morning before they get up.

Teacher should create situation in which learners are most suggestible and then to present linguistic material in a way most likely to encourage positive reception and retention by learners. There are some expected teacher's behaviors as stated by Lazanov:

- a. Show absolute confidence in the method.
- b. Display fastidious conduct in manners and dress.
- c. Organize properly and strictly observe the initial stages of the teaching process, includes choice and play of music as well as punctuality.
- d. Maintain a solemn attitude towards the session.
- e. Give tests and respond tactfully to poor papers (if any).
- f. Stress global rather than analytical attitudes towards material.
- g. Maintain a modest enthusiasm.

Krashen sees the learner's emotional state or attitudes as an adjustable filter that freely passes, impedes, or blocks input necessary to acquisition. A low affective filter is desirable, since it impedes or blocks less of this necessary input. There are three kinds of affective or attitudinal variables related to language acquisition:

- a. Motivation : learners with high motivation generally do better
- b. Self-confidence : learners with self confidence and a good self image tend to be more succesful
- c. Anxiety : low personal anxiety and low classroom anxiety are more conducive.

In order to give suggestion for the students through suggestopedia method there must be trust and respect between teacher an students. The students will retain information from someone whom they have confidence since they will be more responsive to their disuggesting their limitations and suggesting how easy it will be for their succeed. Once the students trust the teacher, they can feel secure and they can be more spontaneous and less inhibited. Through Suggestopedia teacher can make direct suggestion appeal to student conscious learning, and indirect suggestion such as do not

correction student's minor mistake, appeal to students' feeling to be secured and facilitated student learning.

C. CONCLUSION

There are many ways to motivate students in learning English, motivation can be from outside and inside of the students. Teacher is one of motivation from students outside and the figure to make students have good motivation by having positive assumptions and suggestions. Teaching theory is important but teaching practice more important, that's way all of the teacher should realize there are some problems will occur while do the teaching learning process. By realizing the problems the teacher will have good way in order to motivate the students even though through some corrections for students' mistake and do not make students worry or afraid to make a mistake in learning English. Mistakes are not the reason to stop in learning English, because the lessons can get from the mistake by giving the best corrections.

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